

1. Geography and Population

“HEART OF JAPAN”

- Nagano Prefecture is located near the center of Japan, and in close proximity to Tokyo, Nagoya and Osaka.
- Occupying the fourth largest area in Japan, Nagano Prefecture enjoys rich nature and spectacular landscapes. The mountains rise above 3,000 meters and forests cover 80% of the prefecture.



Area of Prefecture	13,561.56km ² <4th largest> App. 120km from east to west App. 212km from north to south
Area of Forestlands	1,031,536 ha (10,315.36km ²) <3rd largest> <i>Source: Census of Agriculture and Forestry 2010 (MAFF)</i>
Area of Natural Parks	278,549ha (2,785.49km ²) <3rd largest> Including Chubu Sangaku National Park, Joshinetsu Kogen National Park, Minami Alps National Park <i>Source: General Overview of Area Figures for Natural Parks by Prefecture (MOE)</i>
Population	2,065,168 people (April 2018) Child population (0~14 years old) 257,090 people [12.5%] Working-age population (15~64 years old) 1,148,931 people [56.1%] Aging population (65 years old and older) 643,045 people [31.4%] <i>Source: Monthly Survey on Demographic Changes (Planning and Development Department, Nagano Prefecture)</i>
Number of Households	818,283 households (April, 2018) [Number of members per household: 2.52] <i>Source: Monthly Survey on Demographic Changes (Planning and Development Department, Nagano Prefecture)</i>
Labor-force Participation Rate	59.0% (2015) <2nd Highest> <i>Source: Population Census 2015 (MIC)</i>

※The data in *Overview of Nagano Prefecture* are as of the end of August 2016,