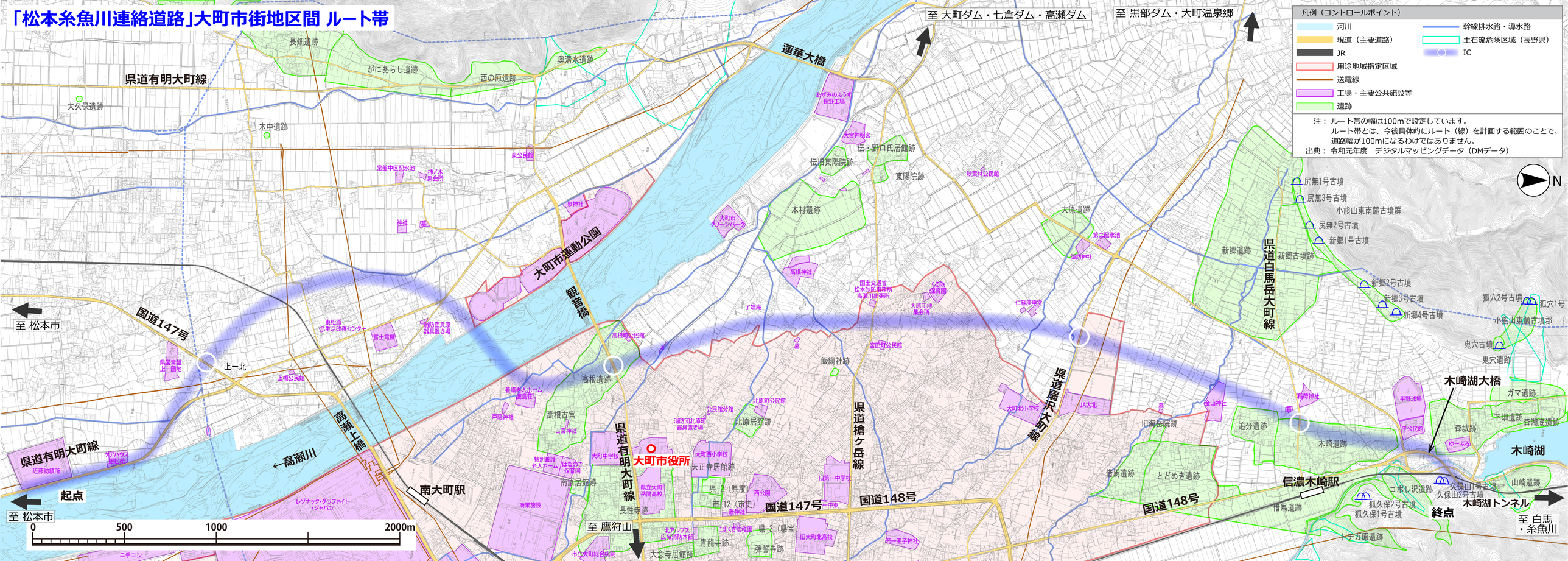「松本糸魚川連絡道路」大町市街地区間 ルート帯